

## Region 1 2010-2011 Season Incorporation of Future Stars 10, 11, & 12 year old Routines

Region 1 will allow Future Stars 10, 11 & 12 year olds, known in the Region as Level 4A, 5A, & 6A, to compete 6 events (FX, PH, SR, VT, PB, HB) at State and Regional Championships. The age groups for this level is 10, 11, & 12 year olds, using USAG age determination guidelines. We encourage all meet hosts within Region 1 to offer this Future Stars level at their meets. These routines will use the standard USAG JO Compulsory deduction table unless otherwise noted within the Future Stars Routine text. The Start Value will be 15.60 for all Routines. 0.1 bonus will be awarded for a stuck landing and up to 0.3 may be awarded for virtuosity for a maximum score of 16.0.

### Level Definition:

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10 yr olds will perform the USAG Future Stars 10 year old routines, 11 yr olds the 11 yr old routines, and 12 yr olds the 12 yr old routines. They will compete on Floor, Pommel Horse, Still Rings, Vault, Parallel Bars, and High Bar. These routines are defined in the USAG Junior National Team Program (Part II). Vault will be a handspring as defined in JO Level 6. There are 3 age groups for this level (10, 11, & 12). USAG age determination rules will apply (September 1 age, athletes may "age bump" one year). For ProScore their level designation will be FS with one age group (10-12).

### Judges Guidelines:

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These routines will have a Start Value of 15.6. Unless otherwise noted in the written routine definitions, the JO Compulsory General Deductions will apply for all execution errors including short holds, angles, body position, falls and form. Using the JO Bonus rules, there will be a 0.10 stick bonus and up to 0.30 may be awarded for virtuosity for a maximum possible score of 16.00.

### State and Regional Awards:

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Individual event and AA awards will be given as per the standard participation formula for **ONE** age group (10-12). There will be no State All Star Team competition for this level at Regional Championships. Each state will determine whether or not they will have a club team award for this level.

### Special Notes for Meet Directors:

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It is recommended that FS Athletes be placed in the Level 7 session. It is strongly encouraged to have any athletes participating in this level to begin or end their session on Pommel Horse. The Pommel Horse routine requires that the pommels be removed which will take some time so the less transitions will mean less possible delay in the competition. If 2 groups have FS athletes, have one start competition on PH and the other start on FX. You may want to get smaller bolts for the pommels (it will make taking the pommels on and off faster).

### Philosophy:

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The Regional Board feels incorporating the Future Stars division will provide another important option for coaches and athletes in the ever changing sport of gymnastics. We saw this as an opportunity to allow those athletes that have already competed these fundamental routines the outlet to pursue their training continuously throughout the year. We strongly believe this will provide yet another key opportunity for all young athletes at this important stage of development.